## **Circulatory System Review**

- 1. \_\_\_\_\_\_ should always be seen in the context of risk factors that may influence blood pressure. High blood pressure may be considered more of a concern when the person \_\_\_\_\_\_ or \_\_\_\_\_.
- or \_\_\_\_\_. 2. List those most at risk for hypertension:

- 3. Hypertension affects \_\_\_\_\_\_\_of pregnant women. It usually disappears after the birth of the baby.
- 4. Hypertension is often associated with:

5. Lifestyle risk factors

6. What are the 2 main categories of hypertension? Describe.

\_\_\_\_\_

 Generally, if a person's blood pressure is elevated, their physician will monitor the BP on \_\_\_\_\_\_ occasions over a\_\_\_\_\_\_ period.

\_\_\_\_\_are usually the first option for treatment. Lifestyle change include

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Prescription hypertensive medications include		to reduce sympathetic nervous
system effects on vascular smooth muscle,		to reduce
vasoconstriction,	to inhibit the action	of the sympathetic nervous system on
vascular smooth muscle and, in turn,		,to
reduce tone in venous and a	terial smooth muscle ar	nd to reduce cardiac output, and
to c	ecrease peripheral resis	stance through the relaxation of the smootl
muscle of the arterioles.		

8. List 5 health history questions for hypertension;

9. List the contraindications for hypertension;

10. Define congestive heart failure

11. What is angina?

12. List and describe the types of angina;