

6. What are the 2 main categories of hypertension? Describe.

7. Generally, if a person's blood pressure is elevated, their physician will monitor the BP on _____ occasions over a _____ period.

_____ are usually the first option for treatment. Lifestyle change include

_____.

Prescription hypertensive medications include _____ to reduce sympathetic nervous system effects on vascular smooth muscle, _____ to reduce vasoconstriction, _____ to inhibit the action of the sympathetic nervous system on vascular smooth muscle and, in turn, _____, _____ to reduce tone in venous and arterial smooth muscle and to reduce cardiac output, and _____ to decrease peripheral resistance through the relaxation of the smooth muscle of the arterioles.

8. List 5 health history questions for hypertension;

9. List the contraindications for hypertension;

10. Define congestive heart failure

11. What is angina?

12. List and describe the types of angina;