

## Torticollis review

Define

Torticollis

Acute Acquired Torticollis

Pseudotorticollis

Congenital Torticollis

Spasmodic Torticollis

What is a common term for torticollis?

What is a typical presentation?

What muscle is affected if the neck is in extension?

What muscle is affected if the neck is in flexion?

What are the affected muscles in torticollis?

What are the causes of acute acquired torticollis?

Who does it affect?

What is the onset?

What has happened to the affected muscles?

What muscle has trigger points affected?

What other things might you see in the affected side?

Why would the pain have come on suddenly? How old is the person this happens to?

Why would the pain have a gradual onset? How old is the person this happens to?

How is Acute Acquired Torticollis treated?

What is congenital torticollis?

What are the theories of the cause?

What are the predisposing factors?

When does it develop?

Is this condition painful?

What other postural dysfunctions are likely present?

How is Congenital Torticollis medically treated?

What is Spasmodic Torticollis?

What are the causes?

What age are you affected by this?

What happens to the affected muscles with this torticollis?

Is this condition permanent?

What percent of cases resolve or worsen?

What makes this condition worse?

What can improve this condition?

What is medically done for Spasmodic torticollis?

What are contraindications in general for torticollis?

List one contraindication for each type of torticollis

What are some health history questions you would ask?

What testing is done?

Self care for Acute Acquired Torticollis?

Self care for Congenital Torticollis?

Self care for Spasmodic Torticollis?