

TMJ review

Define:

Tempomandibular Joint Dysfunction

Reciprocal clicking

Opening lock

Closing lock

Capsulitis

Synovitis

Bruxism

Tension Headache

Migrane

Sinusitis

Trigeminal Neuralgia

Toothache

Fibromyalgia

What is between the 2 bones of the TMJ?

Is this “disk” sensitive to pain?

What 3 components must be present for TMJ dysfunction to occur?

What are other factors in TMJ dysfunction?

Opening of the mouth is also restricted by trigger points found in what muscles distant from the joint?

What are the causes of TMJ?

What are the muscles of mastication?

What muscles elevate the jaw?

What muscles depress or open the jaw?

What muscle moves the jaw to the same side when acting unilaterally?

What muscles pull the jaw to the opposite side when acting unilaterally?

How do you palpate intra orally:

Masseter

Medial pterygoid

Lateral pterygoid

Mylohyoid

What order should the muscles be treated intra-orally?

Is TMJ more common in women or men?

Which muscle trigger points may result in hearing loss?

What other pathologies may also be present?

What are the contraindications to TMJ treatment?

What tests can you use with TMJ?

What is the self care for TMJ?