

History Of Massage

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“Mass” in Arabic

-*To touch*

or

“Massein” in Greek

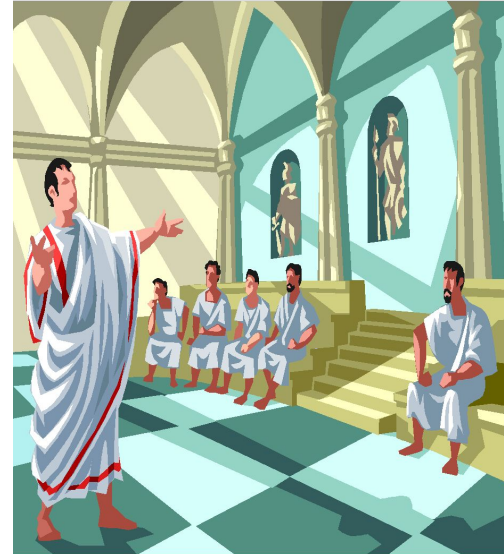
-*To knead*



The healing practice of kneading, pressing, anointing or rubbing mentioned in literature all over the world.

History of Massage

- China (1000 BC) *The Yellow Emperor's Classics of Internal Medicine*
used massage for paralysis
- T'ang Dynasty (619-907AD) *professors of massage*
- Hippocrates (460-375 BC) *used rubbing to heal*
- Greece *athletes used massage*
- Galen of Rome (129-199 AD) *wrote 16 books of frictions*



History of Massage

- India (19th century)
Buddha carving showing massage
- French (1510-1590)
Ambroise Pare's book on massage
- Sweden (1800's)
Per Ling's medical gymnastics and massage therapy
Johanne Georg Mezger names the techniques
- UK (19th century)
nursing/houses of ill repute



History of Massage

- UK (1895)
Society of Trained Masseuses/later Chartered Society of Physiotherapists
- 1917 (WWI)
massage used for rehab
- 1960's Beard's Massage
- Canada (1924-1993)
Ontario legislated under Drugless Practitioner's Act/Regulated Health Professions Act



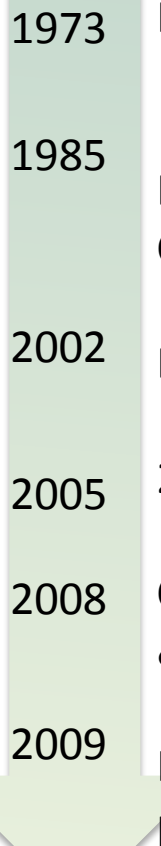
History of Massage Therapy and the Province of Manitoba

A Discussion on Regulation: Pros, Cons & Frequently Asked Questions

Massage Therapy Association of Manitoba
2015/2016

Presented by Sheila Molloy

THE STORY SO FAR

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- 1973 Focus was on building a professional association
 - 1985 Education and Continuing Competency focus
Consistent member growth; the profession is growing
 - 2002 By-Laws created; increasing organization and legitimacy
 - 2005 21% member growth in 2005
 - 2008 City stopped requiring licenses for RMTs', however, "Massagist"
& "Massage Parlour" licenses remain.
 - 2009 Increased communication focus on legislation for the benefit of the
profession and the public.

*Ongoing work
advocating
for regulation
of the
profession.*

Work closely
with the City
of Winnipeg
and other
municipalities
on **massage
therapy
licensing**
within their
jurisdiction.

THE STORY SO FAR

2011

Beginning to change administrative processes to emulate a Regulatory College and prepare members.

June 2011 - The Province of Manitoba proclaims two sections of the *The Regulated Health Professions Act* establishing a Health Professions Advisory Council and an application process for professions who want to become regulated.

The opportunity for the Massage Therapy Association of Manitoba to apply for regulation finally arrives.

- To date, the MTAM serves 1200+ members

- Practicing

- Non-practicing

- Students

- Associate