

The Learning Company

Clinical Massage Treatments 2 – Student Outline

COURSE DESCRIPTION:

This course will provide an understanding and treatment (utilizing all manual therapy techniques including hydrotherapy and rehabilitation exercises) of CNS disorders (communication aids, ambulation aids, decubitus ulcers, seizures, hemiplegia/strokes, spinal cord injury, cerebral palsy, polio, MS, Parkinsons), respiratory conditions (sinusitis, chronic bronchitis, emphysema, asthma), systemic conditions (fibromyalgia and chronic fatigue syndrome, dupuytren's contracture, osteoporosis, cancer, diabetes), circulatory dysfunctions (hypertension, heart failure).

DURATION: 100 Hours

TEXTBOOK/RESOURCES:

- *Orthopedic Physical Assessment*-Magee
- *Management of Common Musculoskeletal Disorders*-Hertling & Kessler
- *Clinical Massage Therapy* – Fiona Rattray, Linda Ludwig

PRE-REQUISITES: Clinical Massage Treatments 1

COURSE OBJECTIVES:

After completing this course, you will be able to:

1. understand indications, contraindications, precautions, risks and benefits to the client for specific treatments
2. demonstrate appropriate goals and outcomes of treatment and provide home care suggestions

KEY TOPICS:

- Circulatory Conditions
- Central Nervous System
- Respiratory Conditions
- Systemic Conditions
- Peripheral Nervous System
- Compression Syndromes

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EVALUATION:

Each student's performance is evaluated based on the satisfactory completion of all exercises and assignments to the standard set by the instructor as well as achieving a passing grade on all tests. The passing grade for this subject is 70%.

Tests	20%
Oral Practical midterm	10%
Oral Practical final	20%
Midterm exam	20%
Final exam	<u>30%</u>
Total	100%