

The Learning Company

Introduction to Anatomy and Physiology (Massage Therapy) – Student Outline

COURSE DESCRIPTION:

This course will provide an introduction to basic scientific methods and critical thinking, as well as anatomy and physiology. A key goal is to become familiar with normal superficial anatomy and basic physiology to improve the comprehension of more specific and detailed information as presented later in the program.

DURATION: **100 Hours**

TEXTBOOK/RESOURCES:

- *The Human Body in Health and Illness*, Elsevier, Inc.
- Materials as provided by the Instructor

COURSE OBJECTIVES:

After completing this course, you will be able to:

- Apply basic palpation skills and therapeutic language
- Practice palpating and supporting a seated client
- Describe a typical versus atypical massage therapy session. Table set-up, draping, supports, positions, biomechanics, language
- Describe Critical Thinking and the Scientific Method
- Utilize Medical Terminology/ Basic Word Structure
- Describe:
 - The Organization of the Body
 - The Cell
 - The Skeletal and Muscular Systems
 - The Integumentary System and Blood Vessels
 - The Brain and Spinal Cord
 - The Sensory System & Respiratory System
 - The Digestive System
 - Anatomical Terms & Anatomy of the Back, Leg, Arm, Chest, Abdomen, Face and Skull

KEY TOPICS:

- Critical Thinking
- The Scientific Method
- The Cell
- Human Anatomy and Physiology

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EVALUATION:

Each student's performance is evaluated based on the satisfactory completion of all exercises and assignments to the standard set by the instructor as well as achieving a passing grade on all tests. The passing grade for this subject is 70%

Quizzes	30%
Final Exam	70%