



the LEARNING company

Massage Therapy Program Hours Outline

Anatomy, Physiology & Pathology	835 hrs
● Introduction to Anatomy and Physiology (100)	
● Musculoskeletal Anatomy I (75)	
● Musculoskeletal Anatomy II (90)	
● Musculoskeletal Anatomy III (90)	
● Physiology I (90)	
● Physiology II (90)	
● Pathophysiology I (90)	
● Pathophysiology II (100)	
● Pathophysiology III (110)	
Assessment, Treatment & Advanced Techniques	580 hrs
● Clinical Massage Treatments I (110)	
● Clinical Massage Treatments II (100)	
● Clinical Massage Treatments III (85)	
● Orthopedic Assessment I (100)	
● Orthopedic Assessment II (70)	
● Orthopedic Assessment III (70)	
● Orthopedic Assessment IV (45)	
Communications & Ethics	60 hrs
Business & Legal Practice	40 hrs
Introduction to Research	40 hrs
Kinesiology, Remedial Exercise & Nutrition	100 hrs
● Clinical Rehabilitation and Kinesiology (50)	
● Exercise & Nutritional Physiology (50)	
Pharmacology	15 hrs
Massage Theory and Practice	110 hrs
General Principles & Techniques	200 hrs
● General Principles and Techniques I (55)	
● General Principles and Techniques II (145)	
CPR	10 hrs
Practical hours: Public Clinic/Outreach	310 hrs
TOTAL PROGRAM HOURS	2300 hrs