

## Chapter 45: Medication Management

Assisting With Eye Medications or Ointments			
		Name:	
		Date:	
<i>Remember to promote:</i>			
<b>Dignity • Independence • Individualized Care • Preferences • Privacy • Safety</b>			
Pre-Procedure	S	U	Comments
1. Identify the client, according to employer policy.			
2. Explain the procedure to the client.			
3. Practise hand hygiene.			
4. Assist the client with handwashing.			
5. Collect the following supplies:			
<input type="checkbox"/> Eye medication or ointment			
<input type="checkbox"/> Tissues or cotton balls			
<input type="checkbox"/> Small hand mirror			
<input type="checkbox"/> Disposable gloves (if necessary)			
6. Provide for privacy.			
Procedure	S	U	Comments
7. Check the label on the prescription container for right medication (e.g., be certain the preparation is for use in the eyes), right person, right dose (e.g., be certain the strength of the solution/ ointment in the container is correct), right route (e.g., be certain about which eye or both eyes), right time, right day, right reason, and the right expiry date. Compare the label with the MAR and care plan.			
8. Loosen lid on container if the client cannot do so.			
9. Place the container within the client's reach, or hand it to the client. Be sure the client wears eyeglasses as needed.			
10. Hold a mirror to help the client self-administer the eye medication.			
11. Remove the client's eyeglasses, if worn.			

12. Assist the client with:			
a. Eye drop medication (FIGURE 45.6)			
i. Guide the client's hand to grasp the lower eyelid.			
ii. Observe whether the client looks up and releases drops into the lower lid.			
iii. Make sure that dropper does not touch the client's eye.			
iv. Observe whether the client closes the eye to distribute the medication.			
b. Eye ointment: (FIGURE 45.7)			
i. Guide the client's hand to grasp the lower eyelid.			
ii. Observe whether the client looks up and squeezes a small ribbon of ointment into the lower lid from inner corner of eye to outer corner of eye. (FIGURE 45.8)			
iii. Make sure that tip of tube does not touch eye surface.			
iv. Observe that the client closes the eye to allow the medication to dissolve and be distributed and discard tissue.			
<b>Post-Procedure</b>	<b>S</b>	<b>U</b>	<b>Comments</b>
13. Reseal the container.			
14. Assist the client with hand hygiene.			
15. Have the client record medications taken if applicable, or record them for the client if specified in the care plan.			
16. Store materials in their proper location.			
17. Remove privacy measures.			
18. Practise hand hygiene.			
<b>Report and Record</b> your actions and observations, according to employer policy.			