

Chapter 41: Caring for Infants and Their Parents

Diapering the Baby			
		Name:	
		Date:	
<i>Remember to promote:</i>			
Dignity • Independence • Individualized Care • Preferences • Privacy • Safety			
Pre-Procedure	S	U	Comments
1. Practise proper hand hygiene.			
2. Collect the following supplies:			
<input type="checkbox"/> Clean diaper			
<input type="checkbox"/> Waterproof changing pad			
<input type="checkbox"/> Disposable or flushable wipes, or small facecloth			
<input type="checkbox"/> Basin of warm water			
<input type="checkbox"/> Baby soap			
<input type="checkbox"/> Baby lotion or cream if necessary			
<i>For safety reasons, babies should never be left unattended while on a diaper table or in a tub, even for a second.</i>			
Procedure	S	U	
3. Unfasten the dirty diaper. Place diaper pins out of the reach of the baby or other children.			
4. Wipe the genital area with the front of the diaper, if the diaper is dry enough (FIGURE 41.14). Wipe from front to the back.			
5. Fold the diaper so that urine and stool are well inside. Set the diaper aside.			
6. Clean the genital area from front to back using a wet washcloth, disposable or flushable wipes, or small facecloth.			
7. Paying particular attention to the baby's skin folds, wash with mild soap and warm (not hot) water if there is a lot of stool or if the baby has a rash.			
8. Give cord care (page 995) and circumcision care (page 996).			

9. Apply cream or lotion to the genital area and buttocks if specified in the care plan. Do not use too much.			
10. Raise the baby's legs. Slide a clean diaper under the buttocks.			
11. For babies with male genitalia, fold a cloth diaper so that the extra thickness is in the front (FIGURE 41.15, A). For babies with female genitalia, fold the diaper so that the extra thickness is in the back (see FIGURE 41.15, B).			
12. Bring the diaper between the baby's legs.			
13. Make sure the diaper is snug around the hips and abdomen. It should be loose near the penis if the circumcision has not yet healed. The diaper should be below the cord stump.			
14. Secure the diaper in place.			
a. Use the tabs on disposable diapers (FIGURE 41.16, A), and make sure the tabs stick in place.			
b. Use diaper pins or Velcro strips for cloth diapers. Pins should point away from the abdomen (FIGURE 41.16, B).			
15. Apply plastic pants if cloth diapers are used. Do not use plastic pants with disposable diapers.			
16. Put the baby in the crib, infant seat, or other safe location.			
Post-Procedure	S	U	Comments
17. Rinse the stool from the cloth diaper in the toilet. Empty the stool from the disposable diaper into the toilet, if possible.			
18. Store used cloth diapers in a covered pail or plastic bag. Roll the disposable diaper into a ball, and secure it with its tabs. Put the disposable diaper in the garbage.			
19. Clean the changing area.			
20. Practise proper hand hygiene.			

Report and Record your actions and observations, according to employer policy.			
---	--	--	--