

## Chapter 41: Caring for Infants and Their Parents

Cleaning Bottle-Feeding Equipment			
		Name:	
		Date:	
<i>Remember to promote:</i>			
Dignity • Independence • Individualized Care • Preferences • Privacy • Safety			
Pre-Procedure	S	U	Comments
1. Practise proper hand hygiene			
2. Collect the following supplies:			
<input type="checkbox"/> Bottles, nipples, and caps			
<input type="checkbox"/> Funnel			
<input type="checkbox"/> Can opener			
<input type="checkbox"/> Bottle brush			
<input type="checkbox"/> Dishwashing soap			
<input type="checkbox"/> Other items needed to prepare formula			
<input type="checkbox"/> Clean dishtowel			
Procedure	S	U	Comments
3. Wash the bottles, nipples, caps, funnel, and can opener in hot, soapy water. Wash other items used to prepare the formula.			
4. Clean the inside of the baby bottle with a bottle brush (FIGURE 41.8).			
5. Squeeze hot, soapy water through the nipple (FIGURE 41.9).			
6. Rinse all items thoroughly in hot water.			
<b>7. If the infant is 4 months of age or under:</b>			
a. All items must be sterilized after being thoroughly washed and rinsed. Boil items at least 15 minutes and allow to cool.			
b. After cooling, remove items from the water with sterile forceps. Do not touch the parts that will be in contact with the baby's mouth.			
<b>If the baby is 4 months of age or older:</b>			
a. Place a clean towel on the			

countertop.			
b. Stand the bottles upside down to drain. Place the nipples, caps, and other items on the towel.			
8. Allow the items to dry completely.			