

## **Wilk: Sorrentino's Canadian Textbook for the Support Worker, 5th Edition**

### **Chapter 30: Bowel Elimination**

#### **Objectives**

After reading this chapter, the learner should be able to do the following:

- Describe normal stools and the normal pattern and frequency of bowel movements.
- List the observations to make about bowel movements.
- Identify the factors that affect bowel elimination.
- Describe common bowel elimination issues.
- Describe the measures that promote comfort and safety during defecation.
- Describe bowel training.
- Explain why enemas or suppositories are given.
- Know the common enema solutions.
- Describe the comfort and safety measures for giving enemas.
- Explain the purpose of rectal tubes.
- Describe how to care for a client with an ostomy pouch.
- Explain why stool specimens are collected.
- Perform the procedures described in this chapter.
- constipation/diarrhea
- feces/stool
- melena
- defecation
- flatus/flatulence
- hemorrhoids
- fecal incontinence/fecal impaction
- enema/suppository
- ileostomy/colostomy